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# SELVHENTER

SELVHENTER is one of the most exciting new experimental music bands in Europe. Their unique sound combines the energy of rock with free improvisation and noise. It has made them popular at both jazz and rock festivals around Scandinavia.

SELVHENTER are: Sonja LaBianca (saxophone), Maria Bertel (trombone), Maria Diekmann (violin), Jaleh Negari (drums) and Anja Jacobsen (drums). The five band members are hailing from some of the interesting groups on the vivid Copenhagen experimental music scene, such as Pinkunoizu, Havens Fugle, Chimes & Bells, Gud Er Kvinde, Valby Vokalgruppe, Kirsten Ketsjer and Choir Of Young Believers.

SELVHENTER are inspired by rock and improvised music, by percussion traditions from Africa and Southeast Asia and modern minimalist composition: The two drummers create strong polyrhythmic patterns while the horns and violin develop simple patterns of melody. In addition, both saxophone, trombone and violin often use effect pedals to distort and manipulate their sound. The result is beautiful, aggressive and good for dancing. SELVHENTER's live concerts are always curious, focused and full of energy.

SELVHENTER was formed in 2007 as a trio of violin, saxophone and trombone. In 2008 they expanded with two drummers. The band released their first full length album in 2012 under the title "Frk. B. Fricka". It was produced by legendary guitarist and film music composer Peter Peter, who has also recently produced the Danish punk band ICE AGE.

SELVHENTER has played at the Copenhagen Jazzfestival, Roskilde Festival, Kongsberg Jazzfestival, Iceland Airwaves, Elektronisk Jazzjuice, Wels Unlimited 26 in Austria, CC No1 Festival in Berlin, and has performed around Scandinavia, Germany and Japan. They have played at shows with Mats Gustafsson's THE THING and Yoshigaki Yasuhiro's ORQUESTA LIBRE.

SELVHENTER's album FRK. B. FRICKA has been nominated for the Nordic Music Prize 2012.

In 2010, the members of SELVHENTER founded the art collective and record label EGET VÆRELSE (a room of one's own) - a platform for the projects they create together or individually, see: [www.egetvaerelse.dk](http://www.egetvaerelse.dk)

## **What people have said about SELVHENTER:**

"Awesome stuff!!" - MUGSTAR

"An absolute rockin danish outfit using material from extreme noise, free jazz and creative rock to build a sound and energy that is giving new perspectives on alternative music! gushing and pumping drums that interacts with the distorted trombone and lays the fundament for the sax to move and create within. inyourface and without compromises - using poetic beauty and complex structures as building blocks for their music." - MATS GUSTAFSSON

"SELVHENTER absolutely knocked my socks off.... they are fucking brilliant." - dgoHn

"Great band." - OTOMO YOSHIHIDE

"The Danish all-women SELVHENTER quintet may be the most exciting outfit to emerge from Scandinavia in recent years. (...) SELVHENTER honed a sound all its own - an uncompromising, boundless energetic one that blends the aesthetics of experimental rock, the sophistication of improvised free jazz and the aggressiveness of punk, noise and metal, all performed with passion and humor, sometimes even as music fit for dancing. (...) Beautiful, wild and poetic." - ALLABOUTJAZZ